



**Tighes Hill Public School** 

Newsletter No. 20

Term 4 Week 10 16th December 2020

**School News** 





### **Dates for the Diary**

### Wednesday 16th December

Year 6 clap out 2.45pm

Last day of school for students for 2020!

OWISHING EVERYONE a VERY SAFE, HAPPY and relaxing Holiday!

### Friday 29th January

Students Years 1–6 begin for 2021

### **Monday 1st February**

Kindergarten 2021 begin OC Outdoor Education excursion

### **Tighes Hill Public School**

33 Elizabeth St, Tighes Hill, 2297

Phone: 4969 3720 Fax: 4961 2334

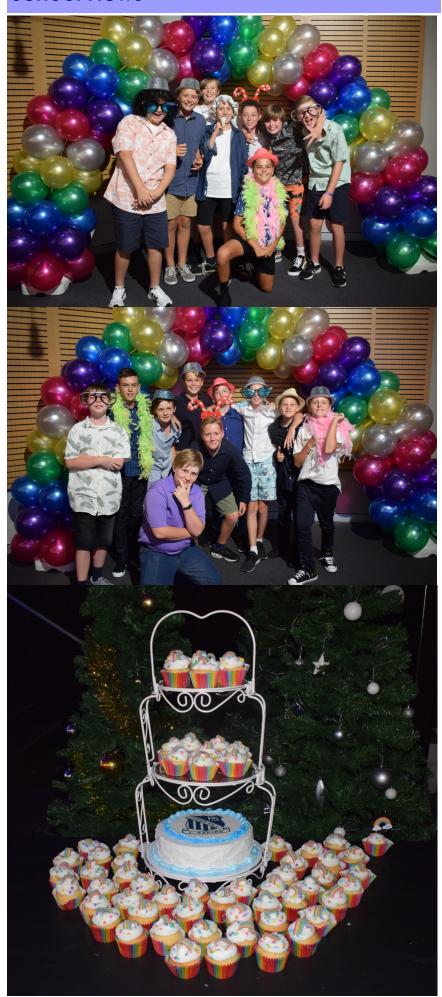
**Email:** 

tigheshill-p.school@det.nsw.edu.au

Website:

www.tigheshill-p.schools.nsw.gov.au

### **School News**



### **Book Club Orders**

Final orders for 2020 have arrived!





Every Child Deserves a Good Book

### School Banking is on WEDNESDAYS



### **PLEASE**



# NO PEANUTS OR NUT PRODUCTS

### **Assemblies**

All assemblies are cancelled until further notice.

Check out our Weekly Wrap Up video from our captains, posted every Friday on Facebook!



Next meeting... 2021

### **School News**

### **Term 4 Core Value awards**

**KD:** Lucas, Orson & William

KH: Maggie, Ella & Quinn

1/2BI: Sunny, Shelby & Luciana

**11E:** Dustin, Jarvis & Lyrik

1C: Sullivan, Charlotte & William

**2N:** Mikayla, Benjamin& Otis

**2W:** Eden, James & Remy

**3N:** Clementine, Asha & Samuel

**3S:** Ava, Tobias & Evy

**4M:** Scarlett, Blake & Peter

**4S:** Gracie, Jayden & Imogen

**5/6B:** Ivy, Sara & Louis F

**5/6T:** Ella, Evie & Aiden

**5/6W:** Sarbella, Harper & Aidan

5/6AOC: Tama, Millie & Mia

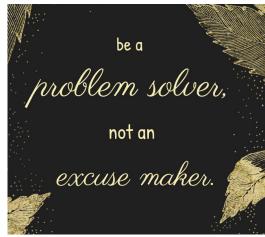
Congratulations to all our children and staff.

**Tony Selwood** 

**Principal** 

Our positive wellbeing message...

Weeks 10

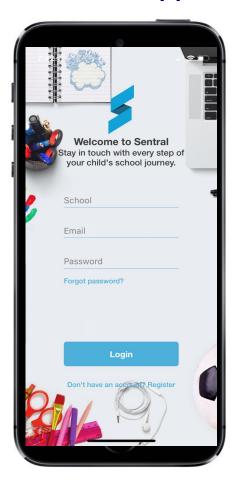




### **Tighes Hill Primary School**



### **Sentral App**



Please see our office staff if you are unable to access or use our school app

Chess Coaching will be back in 2021!

### **School News**

### **Premier's Reading Challenge**

Well done to all of our students who completed the Premier's Reading Challenge this year. We received some special certificates for those students who have taken part several years in a row. Gold Awards for four years and Platinum Awards for seven years.

Gold Awards – Tas, Samuel, Reuben, Yesenia, Louis F, Luke G, Arlington, Lars, Aidan H, Lil, Luuk, Xavier, Toby, Hamish S, Billie, Caitlin, Rose, Max S, Eddie, TJ, David, Liam, Darcy, Louis P, Arlo P, Gracie, Augie, Sadie, Mitchell, Kulan, Ned, Flynn, Arlo, Toby, Ilaria, Oscar, Clementine, Alice, Lachlan, Blake, Zahra, Jack G, Sophie G, Amelia, Willow G, Nathan, Paul, William and Scarlett

**Platinum Awards** – Addison and Isac



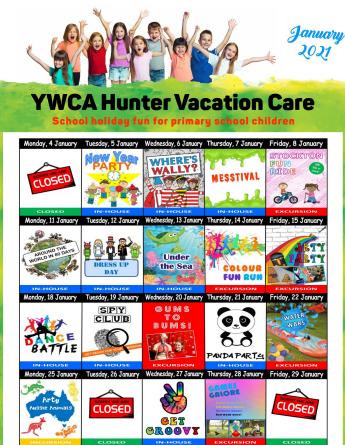
### from all the staff at Tighes Hill Public School...













### YWCA HUNTER REGION INC

24 Dawson Street, Cooks Hill 2300

Opening Hours - 7.30am-6.00pm

- 首 02 4929 2954
- info@ywcahunterregion.org.au
- © Cost from \$55 per day (CCS available to eligible families)

  Places are limited. Book today. Don't miss out!

### Good for Kids good for life

RECIPE: BEFF AND BROCCOLL PASTA

#### Serves 4

### Ingredients:

- 1 medium onion, finely chopped
- 1 tsbp olive oil
- 2 cloves garlic
- 400g lean beef mince
- 1 medium capsicum, chopped
- 1 tin no-added-salt chopped tomatoes
- 250g wholemeal penne
- 1 head broccoli, chopped in to florets
- 1/3 cup grated cheese



#### Method:

- 1. Fry onion and garlic in oil for 2-3 minutes on medium-high heat. Add beef mince and cook, stirring until brown (about 5 minutes).
- 2. Add in capsicum and tomatoes. Reduce heat to low and simmer for 10
- 3. Meanwhile, cook pasta in boiling water until al dente. Add broccoli for last 1-2 minutes of of cooking. Drain. Stir pasta and broccoli in to beef and tomato mixture.
- 4. Serve and top with cheese.

Variations: Add in herbs such as basil, oregano, rosemary for extra flavour. Before serving, place in baking tray, top with cheese and bake 15 minutes at 180 degrees Celcius.

Recipe adapted from healthyfoodguide.com.au



HNELHD-GoodForKids@health.nsw.gov.au http://www.goodforkids.nsw.gov.au/

### **Community News**



## Fun and Inspiring Kids' Creative Writing Workshops in Newcastle JAN HOLIDAYS NOW ENROLLING

Animal Tales: Tues 5 Jan, 10am-1pm, Ed Wright (6-10 yo)
The Quest: Thurs 7 Jan, 10am-3.30pm, Ed Wright (High School)
Immortal Beings: Fri 8 Jan, 10am-1pm, Ed Wright (8-14 yo)
The Places You'll Go: Tues 12 Jan, 10am-1pm, Bess Kenway (5-9 yo)
Wonderland: Thurs 14 Jan, 10am-3.30pm, Jess Black (8-14 yo)
Fortune Cookie: Fri 15 Jan, 10am-1pm, Jess Black (7-12 yo)
Selective Test Prep: Mon 18 Jan, 10am-1pm, Ed Wright (Yr 5/6 2021)
Crazy Holidays: Tues 19 Jan, 10am-1pm, Ed Wright (7-12 yo)
The Gang: Thurs Jan 21, 10am-1pm, Ed Wright (High School)

Long Workshops are eligible for Creative Kids Vouchers For more info and enrolments www.creativewordshop.com.au info@creativewordshop.com.au or phone Ed 0408788765



### Learn to Defend Yourself

Younger women, are statistically at a higher risk of assault and specifically sexual assault in our communities. Self defence and martial art skills often take a long time to master but the YWCA Hunter runs a well-designed self defence program that can offer skills designed for rapid learning and targeted to some common strengths and abilities. Classes include personal skills, alongside physical self defence skills.

### WHEN?

Tuesdays 4.00–5.00pm 9 February– 30 March 2021

### WHERE?

YWCA Hunter, 24 Dawson St, Cooks Hill

### **HOW MUCH?**

\$130 for the 8 week course, we accept active kids vouchers

# ACTIVE KADS

### **BOOKINGS ESSENTIAL**

www.ywcahunterregion.org.au/self-defence

### FOR MORE INFORMATION

- 02 4929 2954
- YWCA Hunter, 24 Dawson St, Cooks Hill NSW 2300
- info@ywcahunterregion.org.au
- www.ywcahunterregion.org.au
- YWCA Hunter Region Inc.
- ywcahunterregion